

# Dementia-Friendly Community Calendar

In an effort to become a more dementia-friendly community, a number of Longmont businesses and organizations are extending a special welcome to people with dementia and their family caregivers to socialize together each month, in addition to being welcome every day. There will also be self-guided walks in parks as weather permits. You are responsible for any associated costs. Please feel free to visit:

Monday	Tuesday	Wednesday	Thursday	Friday
11:00 am Lunch Bunch*		11:00 am Lunch Bunch*		1st Friday, 12:30 pm: Ziggi's Coffee 1139 Francis St
2nd Monday, 10:00 am Free Art at the Firehouse, call 720-491-1533 to register  11:00 am Lunch Bunch*		2nd Wednesday, 3:00 pm Ice Cream Social at Alta Vita A.L., 1001 Alta Vita Court  11:00 am Lunch Bunch*	2nd Thursday, 2:00 pm: Memory Café, free Alzheimer's Association program, 9775 Ute Hwy	2nd Friday, 10:00 am: Walk at Golden Ponds 2651 3rd Ave (meet in parking lot)
11:00 am Lunch Bunch*		3rd Tuesday, 10:00 am: Longmont Museum 400 Quail Rd  11:00 am Lunch Bunch*	3rd Thursday, 1:00 pm: Soft Voices—free art program; to register call 303-437-7812	
11:00 am Lunch Bunch*		11:00 am Lunch Bunch*	4th Thursday, 11:30 am: Meals On Wheels 910 Longs Peak Ave	4th Friday, 10:00 am: Walk at Rogers Grove: 220 S Hover Rd (meet in parking lot)

*\*Lunch Bunch groups are free, weekly, activity-based groups for people with early- to mid-stage dementia and their family caregivers. Please call Elaine Keiser at 303-335-6933 if you are interested in joining (an intake meeting is required).*

## Thanks to our community partners:



If your organization wants to join the Dementia-Friendly calendar, please call Brandy Queen with Longmont Senior Services at 303-651-8414.